



OXFORD ATHLETIC CLUB

Oxford has teamed up with The School of Mindful Arts to bring you our newest program!

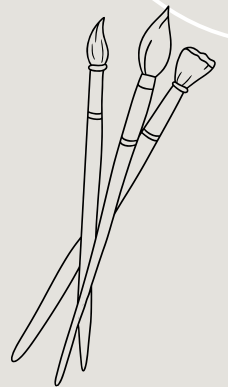
MINDFUL WORLD

Ages 5-10

Saturdays
2:00-3:00 PM

Session 1: February 17 – March 9
Session 2: April 6-27

Through storytelling, arts, and engaging mental exercises, this program is designed to bring kids mindfulness and multiculturalism, helping them develop core values like compassion, honesty, and peacemaking.



MINDFULNESS • ART • CORE VALUES • STORYTELLING



Sign up using the
OAC mobile app
or website!



Questions? Email Jon at jchu@oxfordathleticclub.com